Kinetics of Anesthetic-Induced Conformational Transitions in a Four-α-Helix Bundle Protein†

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ABSTRACT: Inhaled anesthetics are thought to alter the conformational states of Cys-loop ligand-gated ion channels (LGICs) by binding within discrete cavities that are lined by portions of four α-helical transmembrane domains. Because Cys-loop LGICs are complex molecules that are notoriously difficult to express and purify, scaled-down models have been used to better understand the basic molecular mechanisms of anesthetic action. In this study, stopped-flow fluorescence spectroscopy was used to define the kinetics with which inhaled anesthetics interact with (Aγ2-L1M/L38M)2, a four-α-helix bundle protein that was designed to model anesthetic binding sites on Cys-loop LGICs. Stopped-flow fluorescence traces obtained upon mixing (Aγ2-L1M/L38M)2 with halothane revealed immediate, fast, and slow components of quenching. The intermediate component, which occurred within the mixing time of the spectrofluorimeter, was attributed to direct quenching of tryptophan fluorescence upon halothane binding to (Aγ2-L1M/L38M)2. This was followed by a biexponential fluorescence decay containing fast and slow components, reflecting anesthetic-induced conformational transitions. Fluorescence traces obtained in studies using sevoflurane, isoflurane, and desflurane, which poorly quench tryptophan fluorescence, did not contain the immediate component. However, these anesthetics did produce the fast and slow components, indicating that they also alter the conformation of (Aγ2-L1M/L38M)2. Cyclopropane, an anesthetic that acts with unusually low potency on Cys-loop LGICs, acted with low apparent potency on (Aγ2-L1M/L38M)2. These results suggest that four-α-helix bundle proteins may be useful models of in vivo sites of action that allow the use of a wide range of techniques to better understand how anesthetic binding leads to changes in protein structure and function.

Inhaled general anesthetics alter the function of numerous proteins (1−5). Although the receptor site(s) responsible for producing anesthesia are not known with certainty, members of an anesthetic-sensitive superfamily of homologous Cys-loop ligand-gated ion channels (LGICs) are believed to be among the most important targets (6−8). Members of this superfamily include the nicotinic acetylcholine, serotonin type 3, γ-aminobutyric acid type A (GABA_A), and glycine receptors (9, 10). Electrophysiological studies using receptor chimeras and site-directed mutagenesis techniques suggest that inhaled anesthetics bind to LGICs within discrete protein cavities that are lined by portions of four α-helical transmembrane domains (M1−M4), producing conformational states with increased sensitivity to agonists (11−14). In the case of the GABA_A receptor, inhaled anesthetics can also directly activate the ion channel even in the absence of an agonist (15, 16). Both of these actions may occur if general anesthetics stabilize receptors in an open channel state. However, because Cys-loop LGICs are complex molecules that cannot be expressed in significant quantities and at high purity, there remain considerable obstacles to the application of powerful biophysical and biochemical approaches to gain insight into how inhaled anesthetics act on these targets.

To overcome these obstacles, small, water-soluble four-α-helix bundle proteins have been designed, produced, and used as well-defined model systems to explore how inhaled anesthetics bind to proteins (17−21). Each four-α-helix bundle protein is a dimer of two 27-residue α-helices joined by an 8-residue glycine linker (Figure 1). It contains a hydrophobic cavity that is lined by the four α-helices and binds to inhaled anesthetics. Recently, it has been shown that such binding can alter the protein’s conformational state as evidenced by changes in its fluorescence, circular dichroism, and nuclear magnetic resonance spectra following equilibration with an anesthetic (22). Such observations suggest that four-α-helix bundle proteins can serve as models to explore not only how anesthetics bind but also how such binding leads to changes in protein structure and function.

The present study was undertaken to examine the kinetics with which inhaled anesthetics interact with the four-α-helix bundle protein (Aγ2-L1M/L38M)2. Stopped-flow fluorescence spectroscopic techniques with millisecond time resolution were used to monitor anesthetic–protein interactions. This was possible because each peptide in (Aγ2-L1M/
L38M)2 contains a tryptophan residue at position 15 (W15) whose fluorescence is reduced upon equilibration with clinically relevant concentrations of anesthetic (22, 23). We focused our studies on two inhaled anesthetics, halothane and sevoflurane. Halothane directly and efficiently quenches tryptophan fluorescence (22) whereas sevoflurane does not (22).

**EXPERIMENTAL PROCEDURES**

**Materials.** Halothane (2-bromo-2-chloro-1,1,1-trifluoro-ethane) was obtained from Halocarbon Laboratories (Hackensack, NJ). Sevoflurane (fluormethyl 2,2,2-trifluoro-1-(trifluoromethyl) ethyl ether) and isoflurane (1-chloro-2,2,2-trifluoroethyl difluoromethyl ether) were obtained from Abbott Laboratories (North Chicago, IL). Desflurane (1,2,2,2-tetrafluoroethyl difluoromethyl ether) was purchased from Baxter Healthcare Co. (Deerfield, IL), and cyclopropane was purchased from Sigma-Aldrich Chemical Co. (St. Louis, Mo.).

**Expression and Purification of (Aα2-L1M/L38M)2.** The Aα2-L1M/L38M peptide was expressed in Escherichia coli cells and purified to homogeneity as described (23). Peptide identity was confirmed with laser desorption mass spectrometry (Protein Chemistry Laboratory, University of Pennsylvania, Philadelphia, PA). The expected molecular mass was 6863.1 Da, and the experimental value was 6863.0 Da.

**Stopped-Flow Studies of Anesthetic-Induced Quenching of (Aα2-L1M/L38M)2 Intrinsic Fluorescence.** Anesthetic-induced changes in intrinsic protein fluorescence were measured using an SX.18MV stopped-flow spectrophotometer (Applied Photophysics, Leatherhead, U.K.). The four-α-helix bundle protein (Aα2-L1M/L38M)2 at a concentration of 6.8–8.0 μM in buffer (130 mM NaCl and 20 mM NaH2PO4 at pH 7.0) was loaded into one of the spectrophotometer’s gas-tight mixing syringes, and anesthetic in buffer was loaded into the other. The contents of the two syringes were rapidly mixed (1:1 vol/vol). Tryptophan was excited at 280 nm (bandwidth 1.5 nm), and the fluorescence intensity was recorded on a logarithmic timebase (1000 points over 10 s) through a 305 nm cutoff filter. For each experiment, three to six individual traces were signal averaged to reduce noise. Unless otherwise indicated, experiments were performed at 25.0 ± 0.2 °C.

**Calculation of Q10.** The change in the apparent rate of the fast and slow components associated with a 10 °C change in temperature, Q10, was calculated using the following equation (25)

\[ Q_{10} = \left( \frac{k_{\text{high}}}{k_{\text{low}}} \right)^{10/(T_{\text{high}} - T_{\text{low}})} \]

where \( k_{\text{high}} \) and \( k_{\text{low}} \) are the apparent rates at the high and low temperatures, respectively. The high and low temperatures are \( T_{\text{high}} \) and \( T_{\text{low}} \), respectively. In practice, the values for \( k_{\text{high}} \) and \( k_{\text{low}} \) were obtained by linear regression from the slope of an Arrhenius plot of the data.

**Preparation of Anesthetic Solutions.** Volatile anesthetic solutions were prepared by adding an excess of agent to a sealed bottle containing buffer solution and stirring overnight. These saturated solutions of known concentration were then diluted with buffer within gas-tight syringes to yield the final desired anesthetic concentrations. For cyclopropane, the anesthetic gas was bubbled at a rate of 100–120 mL/min for at least 3 min through 150 mL of buffer solution in a 250 mL glass bottle sealed with a Teflon septum. Lines for the gas inlet and outlet were introduced through the septum. The resulting solution was sealed and continuously stirred to allow equilibration for at least 30 min. The anesthetic gas was then bubbled through the buffer solution again for at least 2 more minutes and allowed to equilibrate. Gas chromatographic studies indicated that the aqueous concentration of cyclopropane produced using this approach is within 10% of that predicted by cyclopropane’s aqueous/gas partition coefficient. The saturated solution was subsequently diluted with buffer to the final desired concentration using gastight syringes.

**RESULTS**

Figure 2 shows a representative stopped-flow fluorescence trace obtained upon mixing (Aα2-L1M/L38M)2 with 0.85 mM halothane (in buffer). For comparison, this Figure also shows a trace obtained upon mixing (Aα2-L1M/L38M)2 with buffer alone. Upon mixing with halothane, three components of W15 fluorescence quenching were observed. There was an immediate component that occurred within the 1 ms
mixing time of the stopped-flow spectrofluorimeter. It was detected as a reduction (i.e., an offset) in fluorescence intensity, observed immediately upon mixing \((\alpha_2\text{-L1M}/L38M)_2\) with halothane. This was followed by a biexponential fluorescence decay. The same fluorescence traces are shown in A and B on different time scales. Trace amplitudes were normalized between 0 (buffer only) and 1 (protein, no anesthetic). The curves are fits of the decays to a double-exponential equation to obtain the normalized amplitudes and rates of the fast and slow components.

Typical stopped-flow fluorescence traces obtained upon mixing \((\alpha_2\text{-L1M}/L38M)_2\) with a range of halothane concentrations. The same fluorescence traces are shown in panels A and B on different time scales. Trace amplitudes were normalized between 0 (buffer only) and 1 (protein, no anesthetic). The curves are fits of the decays to a double-exponential equation to obtain the normalized amplitudes and rates of the fast and slow components.

This is similar to the value of 0.12 ± 0.02 mM previously reported to produce the half-maximal fluorescence quenching of \((\alpha_2\text{-L1M}/L38M)_2\) by halothane using steady-state fluorescence measurements (22). The rates of the fast and slow components varied little over a 100-fold range of halothane concentrations and averaged 22 ± 7 and 0.51 ± 0.01 s⁻¹, respectively (Figure 4B).

In contrast to halothane, sevoflurane produced no immediate fluorescence quenching when rapidly mixed with \((\alpha_2\text{-L1M}/L38M)_2\), even at a concentration 5 times higher than that required to induce anesthesia (Figure 5A). However, sevoflurane produced a biexponential fluorescence decay containing fast and slow components (Figure 5A and B). A fit of the decay to a double-exponential equation yielded normalized amplitudes and rates of 0.1855 ± 0.0003 and 18.95 ± 0.08 s⁻¹ for the fast component and 0.0730 ± 0.0004 and 0.453 ± 0.007 s⁻¹ for the slow component, values that are similar to those obtained using 0.85 mM halothane.

Figure 6A shows that the amplitudes of the fast and slow components increased with sevoflurane concentration before reaching a plateau and was half-maximal at 0.17 ± 0.02 mM. This is similar to the value of 0.12 ± 0.02 mM previously reported to produce the half-maximal fluorescence quenching of \((\alpha_2\text{-L1M}/L38M)_2\) by halothane using steady-state fluorescence measurements (22). The rates of the fast and slow components varied little over a 100-fold range of halothane concentrations and averaged 22 ± 7 and 0.51 ± 0.01 s⁻¹, respectively (Figure 4B).

We also surveyed the effects of three additional anesthetics on \((\alpha_2\text{-L1M}/L38M)_2\) intrinsic fluorescence. Figure 7 shows...
representative stopped-flow fluorescence traces obtained upon mixing (A_R2-L1M/L38M)_2 with isoflurane, desflurane, or cyclopropane. At their in vivo anesthetizing concentrations, isoflurane (0.31 mM) and desflurane (0.57 mM) caused no immediate fluorescence quenching when rapidly mixed with (A_R2-L1M/L38M)_2 but produced a biexponential fluorescence decay containing fast and slow components. The rates of the fast and slow components were 18.34 (±0.09 and 0.48 (±0.02 s^-1, respectively, for isoflurane and 24.0 ± 0.1 and 0.44 ± 0.03 s^-1, respectively, for desflurane. At its anesthetizing concentration (0.81 mM), cyclopropane had no detectable effect on the intrinsic fluorescence intensity of (A_R2-L1M/L38M)_2. At a supraphysiological concentration (5.3 mM), cyclopropane produced a small, fast component with a rate of 57 ± 1 s^-1 when rapidly mixed with (A_R2-L1M/L38M)_2 but no measurable immediate or slow component.

The rates of the fast and slow components observed upon mixing (A_R2-L1M/L38M)_2 with halothane (0.31 mM) or sevoflurane (0.57 mM) were highly temperature-sensitive (Figure 8A). Arrhenius plots for the fast and slow components obtained upon mixing (A_R2-L1M/L38M)_2 with either halothane or sevoflurane were linear over the entire temperature range studied (Figure 8B). For halothane, the Q_{10} values

![Figure 5](image-url)  
**Figure 5:** Stopped-flow fluorescence traces obtained upon mixing (A_R2-L1M/L38M)_2 with either 2.85 mM sevoflurane in buffer or buffer alone. The same fluorescence traces are shown in parts A and B on different time scales. Trace amplitudes were normalized between 0 (buffer only) and 1 (protein, no anesthetic). The curve is a fit of the decay to a double-exponential equation to obtain the normalized amplitudes and rates of the fast and slow components.

![Figure 6](image-url)  
**Figure 6:** (A) Sevoflurane concentration dependence of the normalized amplitudes and (B) rates of the fast (•) and slow (○) components obtained from stopped-flow fluorescence experiments. The total (□) component reflects equilibrium fluorescence quenching and is equal to the sum of the fast and slow components. The slow component was not consistently observed below 0.2 mM sevoflurane. Data points are the means of three experiments, and the errors represent the SD. The curves are fits of the components to a Hill equation whose parameters are given in Table 1. The anesthetizing concentration of sevoflurane is 0.57 mM.

Table 1: Hill Equation Parameters Defining the Anesthetic Concentration Dependence of Quenching

<table>
<thead>
<tr>
<th>Component</th>
<th>Immediate</th>
<th>Fast</th>
<th>Slow</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Halothane EC_{50} (mM)</td>
<td>0.68 ± 0.08</td>
<td>NA</td>
<td>NA</td>
<td>0.17 ± 0.02</td>
</tr>
<tr>
<td>Hill coefficient</td>
<td>1.3 ± 0.1</td>
<td>NA</td>
<td>NA</td>
<td>1.0 ± 0.1</td>
</tr>
<tr>
<td>Maximal quenching at high anesthetic concentration</td>
<td>0.00 ± 0.03</td>
<td>NA</td>
<td>NA</td>
<td>0.74 ± 0.03</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Component</th>
<th>Fast</th>
<th>Slow</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sevoflurane EC_{50} (mM)</td>
<td>0.11 ± 0.01</td>
<td>0.52 ± 0.09</td>
<td>0.17 ± 0.01</td>
</tr>
<tr>
<td>Hill coefficient</td>
<td>1.2 ± 0.1</td>
<td>1.4 ± 0.2</td>
<td>1.1 ± 0.1</td>
</tr>
<tr>
<td>Maximal quenching at high anesthetic concentration</td>
<td>0.28 ± 0.01</td>
<td>0.11 ± 0.01</td>
<td>0.39 ± 0.01</td>
</tr>
</tbody>
</table>

*Plots of the fast and slow components versus halothane concentration were biphasic and not fit to a Hill equation.
values were $3.1 \pm 0.1$ and $2.8 \pm 0.1$ for the fast and slow components, respectively. For sevoflurane, the $Q_{0.0}$ values were $2.9 \pm 0.1$ and $2.7 \pm 0.2$ for the fast and slow components, respectively.

**DISCUSSION**

In the present study, stopped-flow techniques were used to characterize anesthetic interactions with a four-$\alpha$-helix bundle protein designed to model anesthetic binding sites on Cys-loop LGICs. Anesthetic binding to ($\alpha_2$-L1M/L38M)$_2$ produced stopped-flow fluorescence traces containing up to three components of intrinsic fluorescence quenching (immediate, fast, and slow) distinguished by their different time scales. The immediate component of quenching was observed only in studies using halothane and was so fast that it was completed within the solution mixing time of the stopped-flow spectrofluorimeter. A distinctive characteristic of halothane is that it contains a bromine atom that efficiently quenches tryptophan fluorescence. In fact, experiments comparing the abilities of halothane and sevoflurane to quench the fluorescence of N-acetyltryptophanamide indicate that halothane directly quenches indole fluorescence 3600 times more efficiently than sevoflurane (22). This suggests that the immediate component that we observe in studies using halothane represents the direct bromine quenching of W15 upon halothane binding within the hydrophobic core of ($\alpha_2$-L1M/L38M)$_2$. This interpretation is consistent with nuclear magnetic resonance spectroscopy studies of anesthetic–protein interactions demonstrating that anesthetics bind to proteins with rate constants on the order of $\sim 10^7$ M$^{-1}$s$^{-1}$ (26, 27) because such binding would occur in less than 1 ms even at the lowest halothane concentration studied. It also implies that the concentration of halothane that produces half-maximal immediate quenching (0.68 $\pm$ 0.08 mM) is equivalent to halothane’s dissociation constant for binding to this site.

Fast and slow components of quenching occurred on time scales of tens of milliseconds and seconds, respectively, and could be observed even when ($\alpha_2$-L1M/L38M)$_2$ was mixed with anesthetics that are highly inefficient quenchers of tryptophan fluorescence. The rates of these components were orders of magnitude slower than those expected for diffusion-limited anesthetic binding and were highly temperature-sensitive. In addition, these rates were insensitive to the particular anesthetic used and the anesthetic concentration chosen. On the basis of these findings, we conclude that the fast and slow components reflect anesthetic-induced conformational transitions of ($\alpha_2$-L1M/L38M)$_2$. Although our studies do not define the precise nature of the anesthetic-induced structural changes, previous spectroscopic studies using equilibrium techniques have shown that inhaled anesthetic binding leads to an increase in the protein’s $\alpha$-helical content and a reorientation of the W15 into a more polar environment (22). Presumably, this reorientation reduces the fluorescence quantum yield of W15 and produces the fast and slow components of quenching. Hydrogen exchange and 1D $^1$H nuclear magnetic resonance spectroscopic studies indicate that anesthetics also allosterically stabilize and structurally tighten four-$\alpha$-helix bundle proteins (22, 28). Anesthetics similarly affect the structure of albumin, suggesting that this may represent a fundamental mode of action of anesthetics on proteins (29–31). By producing analogous structural changes in the $\alpha$-helical transmembrane domains of Cys-loop LGICs, anesthetics may stabilize receptors in their open channel conformational states, a concept supported by mutagenesis studies showing that the open channel stability of Cys-loop LGICs is governed by the structure of these domains (32–35).

In the classical Monod–Wyman–Changeaux allosteric model, proteins exist in an equilibrium between two (or more) conformational states (36). Ligands bind preferentially (i.e., with higher affinity) to particular states, stabilizing them and shifting this equilibrium. Within the context of this model, ($\alpha_2$-L1M/L38M)$_2$ exists primarily in a state(s) with relatively low anesthetic affinity but is stabilized in states having higher anesthetic affinity upon equilibration with anesthetic. Fast and slow components of quenching occur as an anesthetic shifts the conformational equilibrium toward the higher affinity states because the W15 quantum yield in these states is lower. Consistent with this model, the $K_d$ for halothane determined from the immediate component of quenching is 6-fold higher than that reported at equilibrium (0.68 $\pm$ 0.08 mM vs 0.12 $\pm$ 0.02 mM, respectively) (23). Application of this model to interpret the actions of anesthetics on Cys-loop LGICs leads to the prediction that anesthetics bind with higher affinity to the open channel state than to the closed channel state. This agrees with steady-state photoaffinity labeling studies demonstrating increased binding of halothane to cerebellar tissue in the presence of GABA (37) and time-resolved photoaffinity labeling studies showing increased incorporation of an anesthetic-like hydrophobic probe into the cavity formed by the interfaces of the $\alpha$-helical transmembrane domains when the channel is in the open state (38).

Although the data are not sufficient to define a specific, detailed kinetic scheme to explain all of our results, the observation that anesthetic binding produces a fluorescence decay that is biexponential suggests that anesthetics shift the protein conformational equilibrium from favoring the state with low anesthetic affinity (L) to the state with high anesthetic affinity (H) via an intermediate state (I).

Within the framework of Scheme 1, the fast component of quenching reflects the conformational transition from L to I, and the slow component of quenching reflects the conformational transition from I to H.

At low halothane concentrations, there is little initial halothane binding, as reflected by the small immediate component. Under these conditions, almost all W15 quenching occurs as a consequence of the halothane-induced shift in the conformational equilibrium. At high halothane concentrations, a large fraction of W15 fluorescence is directly quenched by halothane binding as indicated by the large immediate component. This reduces the quantum of W15 fluorescence that can subsequently be quenched as a result of the anesthetic-induced shift in the conformational equilibrium and likely accounts for the reduced amplitudes of the fast and slow components observed with high concentrations of halothane (Figure 4). This would also explain why no reduction in the amplitudes of the fast and slow components occurs with high concentrations of sevoflurane.
change in the protein’s structure following anesthetic binding. With the exception of cyclopropane, anesthetics induced conformational transitions in (A2L-L1M/L38M)2 at concentrations that cause their in vivo behavioral actions. Cyclopropane, which acts with unusually low potency on Cys-loop LGICs, also acted with low apparent potency on (A2L-L1M/L38M)2. Inhaled anesthetics may produce similar structural changes in Cys-loop LGICs, leading to the stabilization of the open channel state. Because Cys-loop LGICs are highly complex proteins that are extremely difficult to express and purify, four-α-helix bundle proteins may be useful scaled-down models that allow a wide range of biochemical and biophysical techniques to be used to better understand how anesthetic binding leads to changes in protein structure and function.

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